

A FUNDAMENTAL PRINCIPLE OF AUSTRALIAN RACING IS THAT HORSES MUST RACE FREE OF THE PHARMACOLOGICAL (OR TOXICOLOGICAL) EFFECT OF DRUGS OR OTHER SUBSTANCES.

TO ASSIST IN MAINTAINING THIS PRINCIPLE, IT IS **NOT PERMITTED TO ADMINISTER ANY MEDICATION TO A HORSE ON RACE DAY PRIOR TO IT RUNNING IN A RACE** [AR 178E(1)].

**"MEDICATION"** MEANS ANY TREATMENT WITH DRUGS OR OTHER SUBSTANCES.

AS A GENERAL PRINCIPLE, ANY SUBSTANCE ADMINISTERED WITH THE INTENT OR HOPE OF ACHIEVING A PHARMACOLOGICAL EFFECT / THERAPEUTIC EFFECT WILL BE CONSIDERED AS A MEDICATION UNDER THE RULES.

## PRODUCTS THAT CLAIM TO PROVIDE PHARMACOLOGICAL EFFECTS AND TO BE UNDETECTABLE.

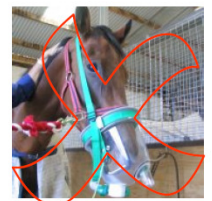
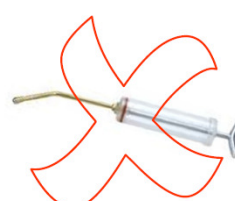
THERE ARE NUMEROUS PRODUCTS, OFTEN HERBAL OR HOMEOPATHIC PREPARATIONS, THAT CLAIM TO PROVIDE SIGNIFICANT PHARMACOLOGICAL EFFECTS SUCH AS A DIURETIC ACTION, ANALGESIA, ANTI-INFLAMMATORY ACTIONS OR BRONCHODILATOR ACTIONS AND ALSO CLAIM TO BE UNDETECTABLE BY LABORATORY TESTING.

THESE TYPES OF PRODUCTS FALL WITHIN THE DEFINITION OF A MEDICATION AND ARE NOT ALLOWED TO BE ADMINISTERED TO A HORSE ON RACE DAY PRIOR TO A RACE.

## ROUTES OF ADMINISTRATION OF MEDICATION NOT PERMITTED ON RACE DAY

**ANY SUBSTANCE** ADMINISTERED TO A HORSE ON RACEDAY PRIOR TO RACING BY INJECTION, STOMACH TUBE, PASTE, DOSE SYRINGE, TOPICAL APPLICATION OR BY INHALATION, AMONGST ANY OTHER ROUTES OF ADMINISTRATION, **WILL BE CONSIDERED A MEDICATION.**

ONLY NORMAL FEEDING AND SUPPLEMENTATION, ACCORDING TO MANUFACTURE'S RECOMMENDATIONS FOR NORMAL DAILY USE, THAT CAN BE ACHIEVED BY THE HORSE VOLUNTARILY EATING OR DRINKING THE FEEDSTUFF CAN BE CONSIDERED ACCEPTABLE ON THE DAY OF RACING.



## PHYSICAL THERAPIES NOT PERMITTED ON RACE DAY

THE FOLLOWING PHYSICAL TREATMENTS ARE NOT PERMITTED, BY ORDER OF THE STEWARDS, TO BE USED AT ANYTIME BEFORE RACING ON THE DAY OF RACING.

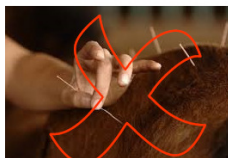
**PHYSICAL TREATMENTS WHICH ARE NOT TO BE GIVEN ON RACE DAY INCLUDE,** BUT ARE NOT LIMITED TO:

ACUPUNCTURE (INCLUDING LASER AND INFRA-RED TREATMENT)  
TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION (TENS)

MAGNETIC FIELD THERAPY  
AND ANY OTHER FORM OF ELECTRICAL STIMULATION

THERAPEUTIC ULTRASOUND

**EXTRA- CORPOREAL SHOCK WAVE (ESWT)** TREATMENT OF RACEHORSES IS PROHIBITED FOR **SEVEN (7) CLEAR DAYS** PRIOR TO RACING (AR 64H).



## PERMITTED ON RACE DAY

### APPLICATION OF ICE / COLD WATER TO MUSCULOSKELETAL STRUCTURES

THE APPLICATION OF ICE OR CHILLED WATER, WHIRLPOOL BOOTS OR SYSTEMS SUCH AS 'GAME READY', TO MUSCULOSKELETAL STRUCTURES ON THE MORNING OF THE RACE DAY ARE PERMITTED BUT ARE NOT PERMITTED ON THE RACECOURSE PRIOR TO A HORSE RUNNING IN A RACE.



### SEEK PERMISSION — TOPICAL APPLICATIONS

WHILE TOPICAL APPLICATIONS ARE CONSIDERED TO BE MEDICATIONS, CIRCUMSTANCES MAY ARISE WHEN A HORSE MAY SUFFER A MINOR INJURY, THAT DOES NOT AFFECT ITS SUITABILITY TO RACE BUT WOULD BENEFIT FROM THE PROPHYLACTIC APPLICATION OF A TOPICAL ANTIBIOTIC OR ANTISEPTIC.

IN SUCH CIRCUMSTANCES, A **TRAINER MUST APPLY PRIOR TO THE STEWARDS** FOR PERMISSION TO ADMINISTER THE MEDICATION.



### THE APPLICATION OF HOOF OILS

THE APPLICATION OF ROUTINE HOOF OILS IS PERMITTED ON THE DAY OF RACING, EXCEPT IF THAT PRODUCTS CONTAINS MEDICATIONS OR HERBS THAT CLAIM THERAPEUTIC EFFECTS SUCH AS ANALGESIA OR ANTI-INFLAMMATORY ACTIONS.



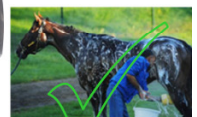
### BABY OIL & PETROLEUM JELLY

BABY OIL & PETROLEUM JELLY ARE PERMITTED.



### SHAMPOOS & FLY SPRAYS

SHAMPOOS & FLY SPRAYS ARE PERMITTED.



### VIBRATORY MASSAGE

VIBRATORY MASSAGE SYSTEMS MAY BE USED IN THE STABLE ON THE MORNING OF THE RACE DAY BUT ARE NOT PERMITTED ON THE RACECOURSE.



**IF YOU ARE UNSURE, PLEASE CONTACT TRSA STEWARDS (08) 8179 9820**